

comedysportz™

Comedysportz UK Improvisation Workshops for Schools

Teacher Pack

1 Hour Example

Ideal group size is 25-35 students, but this is adaptable. Here is an **example** of how a one hour workshop with a group of students could run, to give you some idea of what the workshop could cover.

Entire Group

Beginning with an explanation of the definitions of improvisation.

- Warm up exercise.
- Working with the 'Yes And...' Theory.
(How an improvised setting is established accepted and built upon.)
- Quick scene work – creating a scene in two sentences.
- Working on how to instantly get a scene off the ground.

Smaller Groups

(with entire group participating)

- Demonstration of good and bad scene work.
- Students to take part in some basic scenes,
- Achieving a story with a beginning, middle and end. (With some direction.)

Games

The last 20 minutes of the workshop will focus on using these new skills in a selection of ComedySportz games.

This is a great starting point for future development of improvisation games and general scene producing confidence.

Goal of these workshops

Pupils should be able to instantly start a scene with confidence, have learned how to accept and build on what others have suggested, worked as a team with other members of the group, and have had fun while learning all this.